

Easy Script Format

Karen Hand

Think about the **safest place you can imagine right now...**
We'll use that soon.

Once upon a time, (*story*) there was game show called "Let's Make a Deal"...players got the chance to win fabulous prizes behind a curtain...or in a box...or on a table...and they got to choose their prize. It was a game show...after all.

Here as we're sitting together (*truism*) in this group...
Let's play a **mind game**...where you get to win several prizes!

So, you're invited now to **play along**...
And, in whatever way works for you...in your mind...go to that safest place that you can imagine...
That's where we'll play the game...

There...in your safe place...create a showcase...maybe it's on a stage...or some place of honor...a special place.

And there you'll find several options...

On a table, there's an envelope...

Next is a box...I can't help but wonder what's inside...

And then, a large curtain hiding something behind it...

Realize, here in your safe place...these gifts have shown up to offer you ...well..

What are you looking for ...

As you reveal your prizes...your gifts...you'll find wisdom in each...

Perhaps it's a symbol...or a token...or a guide...

Go ahead now, look behind the curtain...and there in the privacy of your own mind and your safe place...behold what's there for you behind the curtain...

Find yourself receiving the gift you need here from this guide or sign or token of wisdom...

And then to the box on the table...open the gift that has been left for you in the box.... take in what is being offered to you...

And then...there's that envelope...stuffed with the final piece of wisdom from this journey in your mind...

As you enjoy the game...make of this wisdom what you will...and allow yourself to take in all the meaning offered to you here...in your safe place of giving and loving and receiving.

Take as much time as you wish here...and realize you can return to this place of love and life and wisdom whenever you decide to play in this Mind Game...in the field of your own imagination.

When you're ready today...return to the here and now feeling great ...